







Willow Bend Learning Center

Menu – Spring 2019

A different vegetarian choice* is available everyday for our vegetarian children (marked with an *)
 This menu will be effective February 18th, 2019

	Monday (Beef)	Tuesday (Vegetarian)	Wednesday (Chicken)	Thursday (Turkey)	Friday (Chicken)
BREAKFAST	Cheerios  Seasonal Fresh Fruit Milk	Pancakes  Seasonal Fresh Fruit Milk	Bagels & Cream Cheese  Seasonal Fresh Fruit Milk	Cornflakes  Seasonal Fresh Fruit Milk	Blueberry Waffles  Seasonal Fresh Fruit Milk
LUNCH WEEK 1	Enchilada Casserole (w/Beef)  *Cheese Enchilada Fiesta Corn Cinnamon Applesauce Milk	Potatoes Au Gratin (Veggie)  *Same as regular entree Peas Diced Pears Milk	Blk Bean & Rice Casserole (w/Chicken)  *Veggie Bean & Rice Steamed Broccoli Fruit Cocktail Milk	Cheesy Penne Marinara (w/Turkey)  *Marinara Pasta Spinach Pineapple Tidbits Milk	Fiesta Taco Roll (w/Chicken)  *Grilled-Cheese Sandwich Mixed Veggies Peach Sections Milk
LUNCH WEEK 2	Mexican Taco Bake (w/Beef)  *Cheesy Taco Bake Fiesta Corn Cinnamon Applesauce Milk	Lentil Rice Pilaf (Veggie)  *Same as regular entree Peas Diced Pears Milk	Mushroom Celery Risotto (w/Chicken)  *Mushroom Celery Risotto Steamed Broccoli Fruit Cocktail Milk	Cheesy Mac (w/Turkey)  *Same as regular entree Spinach Diced Pears Milk	Southwest Quesadillas (w/Chicken)  *Veggie Cheese Quesadilla Mixed Veggies Peach Sections Milk
SNACK	Grahams & Cheese  Orange Juice	Saltines & Cheese  Orange Juice	Animal Crackers & Cheese  Orange Juice	Cheez-its & Cheese  Orange Juice	Pretzels & Cheese  Orange Juice

- The daily menu is **subject to change** or substitutions due to availability and other factors.
- **Meal Substitutions:** Any meal substitutions by parents must be **approved by the office**, and listed on the child's forms. Home Meals must include the required **fruit and/or veggie** servings.
- **Vegetarian Children:** ALL the meals will be provided by the Center, or **ALL meals must be provided by the parent.** (including Field Trip meals.)
- **Food Allergies:** A substitute meal, including fruit and vegetable servings, must be **provided by the parent for that meal only.** (No more than twice per week, including Field Trip meals.)
- **Child Preference:** **No more than one day per week, on the same day of the week,** parents may substitute a particular meal on a **permanent basis.**
- **Parent Preference:** Parents may choose to provide 1) **all Home Meals (including pm snack and Field Trip meals.)** or 2) **all Home Breakfasts only,** or 3) **all Home Lunches only.**